

Start

January 3, 2022

Objective

Give 10% of your day with God (2 hrs and 40 mins)

You can break up your time or do it all at once.

Be Led by Holy Spirit this is only a guide to help you keep track of your time.

Prayer

Heavenly Father for the next 21 days I want to give you at least 10% of my day. I'm believing in connecting with you in a way like never before. I am completely opened and surrendered to follow your lead throughout this journey. In Jesus name I pray, Amen.

Suggested time allocation:

Prayer: 1 hour

Reading: 45 minutes

Praise & Worship: 30 minutes Time of Reflection: 25 minutes

EXAMPLE LOG

Time Spent										
Day	Prayer	Reading	Worship	Praise	Devotion	Journaling	Listening	Other	Total Time	
Day 1	30 mins.	10 mins.	1 hour				1 hour		2:40	

Time Spent										
Day	Prayer	Reading	Worship	Praise	Devotion	Journaling	Listening	Other	Total Time	

Adapted from www.ineedaword.org